



Rehearsal Self-assessment Checklist

You will be asked these questions as you enter every rehearsal.

DO NOT enter a rehearsal site if:

- You answer **YES** to any of the health check questions,
- If you are ill with any common cold, influenza or COVID-19 like symptoms, or
- You have unusual or persistent respiratory symptoms.

Time:	AM	PM
Do you have a cough?	Yes	No
Do you have congestion?	Yes	No
Do you have nasal drip?	Yes	No
Do you have a fever?	Yes	No
Are you experiencing nausea, vomiting and/or diarrhea?	Yes	No
Is anyone in your household ill?	Yes	No